



NORTH HERTFORDSHIRE DISTRICT COUNCIL

AREA COMMITTEE DEVELOPMENT GRANT APPROVAL FORM

1. Committee: **Baldock & District Area Committee**2. Date: **6 Jun 2016**3. Summary of application: **Walking Football Sessions**Name of organisation: **Stevnage Football Club Foundation**Sum requested: **£500**Total project cost: **£1,100**

Brief details:

Stevenage FCF is a registered charity which organises activities & sports participation events which promote Health & Wellbeing, Youth Engagement, Lifelong Learning. It has a membership in excess of 2000 with an age spectrum of 3 to 75 years of age.

The Foundation wishes to provide a weekly one hour Walking Football session for residents, both male and female, that are over the age of 50 living within Baldock and the surrounding area.

It plans to hold weekly sessions at the Arena in Baldock and if successful in gaining the funding required, organisers would look to run a 20 week period over the summer months.

The total project cost is £1,100, made up of £600 venue hire, £100 advertising fees and £400 coach fees to coordinate the activity each week and the foundation is looking for a grant of £500 from the Area Committee

Matched / linked funding: **£600**Funder: **Own Reserves / Funding**Matched /linked funding : **£**
or DRR

Funder:

Comments from Community Officer:

It is envisaged that after an initial free taster session, each participant will be asked to contribute £5 per session per week in order to generate funds that allow the activity to become self financing and sustainable for the future.

It is envisaged that the project will engage with some within the target demographic that are not currently active or would like to increase their activity levels on a weekly basis.

The project is aimed at those 50 years of age and in another area there has been a further split of participants, running sessions for 50-64 years of age group and also a 65+ group.

The sessions will allow those participants to increase their activity levels and also create a new social group within the local community. Both the physical and social benefits of taking part in such a session can contribute to the ongoing health and well being of those that are taking part.

The sessions will be accessible to all within the community who fall into the appropriate age groups and the Foundation feels that whilst a lot of physical activities and venues are created for younger people, they feel that these sessions will be delivered in a relaxed and welcoming environment, which in turn will hopefully encourage those who do not usually take part in physical activity to do so.

The Community Development Officer has examined this application against the Authority's Area

Amount recommended: **£250**